

CITY OF DERBY LONG COURSE MEET

6-7 JAN 2007

Saturday 6th

Swimmer	Event					
	200m IM	100m Br	50m Bk	100m Fr		50m Bu
				Splits		
200m	100m		50m	100m		
Charlotte Harrison	3.06.42		.38.40	.35.69	1.15.63	.37.34
Chelsea Prouten	2.51.10	1.25.93	.38.94	.33.76	1.09.72	.36.79
Tamara Richards	2.44.78			.31.93	1.06.13	

Short Course Conversion

Swimmer	Event					
	200m IM	100m Br	50m Bk	100m Fr		50m Bu
				Splits		
200m	100m		50m	100m		
Charlotte Harrison	3.04.32		.37.90	.35.19	1.14.53	.36.84
Chelsea Prouten	2.48.80	1.24.53	.38.44	.33.16	1.08.52	.36.30
Tamara Richards				.31.33	1.04.93	

Sunday 7th

Swimmer	Event													
	200m IM		100m Bk		50m Br	200m Fr			100m Bu		50m Fr	200m Bk		
	Splits		Splits			Splits			Splits			Splits		
	50m	200m	50m	100m	50m	100m	200m	50m	100m	50m	100m	200m		
Tamara Richards	.35.06	2.44.78						.35.00	1.17.84					
Charlotte Harrison			.40.28	1.25.39		.35.91	1.19.12	2.46.05	.37.50	1.29.49	.35.32	.42.30	1.29.98	3.04.76
Chelsea Prouten					.38.84						.31.86			

Short Course Conversion

Swimmer	Event													
	200m IM		100m Bk		50m Br	200m Fr			100m Bu		50m Fr	200m Bk		
	Splits		Splits			Splits			Splits			Splits		
	50m	200m	50m	100m	50m	100m	200m	50m	100m	50m	100m	200m		
Tamara Richards	.34.50	2.42.38						.34.50	1.16.84					
Charlotte Harrison			.39.88	1.24.39		.35.31	1.18.12	2.43.95	.37.00	1.28.59	.34.72	.41.80	1.29.08	3.02.86
Chelsea Prouten					.38.04						.31.16			

- PB&ER Qual x2
- PB Long Course x20
- PB Short Course x9 (converted)